Comparing Individual-Level Income vs. Regional-level Income's Association with Various Health Outcomes across the US

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## AIM OF THE STUDY



#### SES: SocialEconomic Status



Individual-level Data not disclosed for confidential security.

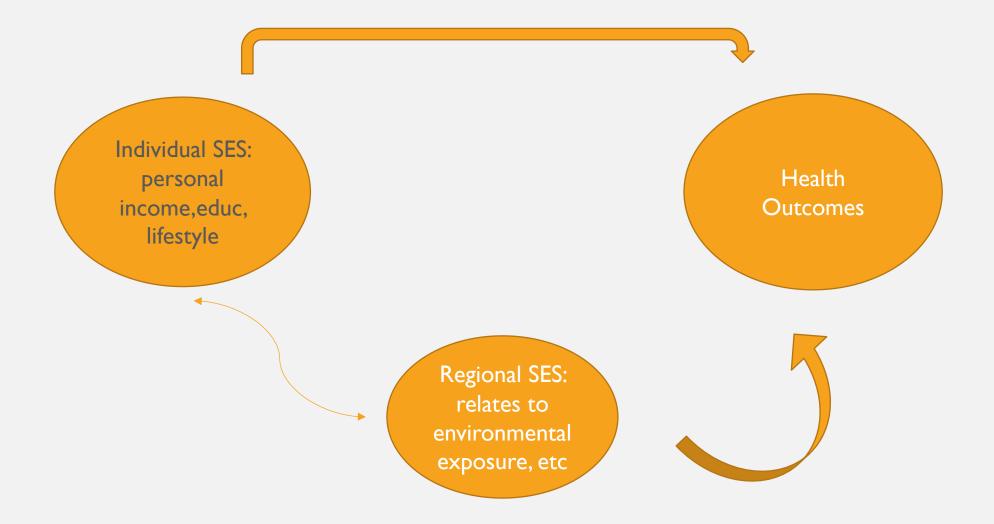


Many epidemiology studies use regional-level data to compensate for that. However, we don't know how much individual-level SES is correlated with regionallevel social economic status.



Also, there might be confounding problems between Individual SES, regional SES, and final health outcomes.

#### Confounding Problems





## GEOGRAPHICAL UNIT: MMSA

8/22/19

## BRFSS DATA: INDIVIDUAL LEVEL

- Background The Behavioral Risk Factor Surveillance System (BRFSS) is a collaborative project between all of the states in the United States (US) and participating US territories and the Centers for Disease Control and Prevention (CDC). The BRFSS is administered and supported by <u>CDC's Population Health Surveillance Branch</u>, under the Division of Population Health at the <u>National Center for Chronic Disease Prevention and Health Promotion</u>.
- BRFSS's objective is to collect uniform state-specific data on <u>health risk behaviors and use of preventive health services</u>, <u>chronic diseases and conditions</u>, <u>access to health care</u>, <u>related to the leading causes of death and disability</u> in the United States. Factors assessed by the BRFSS in 2017 included <u>health status</u>, <u>healthy days/health-related quality of life</u>, <u>health care access</u>, <u>exercise</u>, <u>inadequate sleep</u>, <u>chronic health conditions</u>, <u>oral health</u>, <u>tobacco use</u>, <u>e-cig</u>arettes</u>, alcohol consumption, immunization, falls, seat belt use, drinking and driving, breast- and cervical cancer screening, prostate cancer screening, colorectal cancer screening, and HIV/AIDS knowledge.<sup>1</sup>

## BRFSS 2 0 17 SMART DATA:

- CDC analyzes BRFSS data for <u>metropolitan and micropolitan statistical areas</u> (<u>MMSAs</u>), to provide localized health information that can help public health practitioners identify local emerging health problems, plan and evaluate local responses, and efficiently allocate resources to specific needs.<sup>1</sup>
- The Selected Metropolitan/Micropolitan Area Risk Trends of BRFSS SMART BRFSS) uses BRFSS data to provide prevalence rates for selected conditions and behaviors for cities and their surrounding counties.<sup>1</sup>

#### ACS CENSUS DATA 2013-2017 5-YEAR ESTIMATES : MEDIAN INCOME&&EDUCATIONAL ATTAINMENT

The Census Bureau aggregates 1, 2013 to December 31, 2017.

<u>The American Community Survey (ACS) is a nationwide survey designed</u> to provide communities a fresh look at how they are changing. It is a critical element in the Census Bureau's decennial census program. The ACS collects information such as age, race, income, commute time to work, home value, veteran status, and other important data. As with the 2010 decennial census, information about individuals remains confidential.

- <u>About 3.5 million</u> housing school graduate (includes equivalency) unit addresses are selected annually, across every county in the nation.<sup>2</sup>
- The 2013-2017 American Community Survey 5-year estimates include results from both the American Community Survey and the Puerto Rico Community Survey. The statistics presented describe the entire data collection period, from January chool graduate (includes equivalency)<sup>2</sup>
- Percent; Estimate; Population 25 years and over Bachelor's degree
- Percent; Estimate; Population 25 years and over –High School Graduates
- MSA MedianIncome; MSA MedianIncome for Whites, Blacks, and Hispanic

1. 12 July 2019. Wikipedia. American Community Survey. https://en.wikipedia.org/wiki/American Community Survey

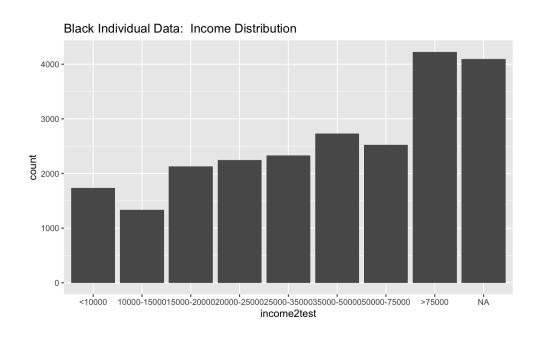
2. 5 Oct. 2010. American FactFinder. American Community Survey. https://factfinder.census.gov/faces/nav/jsf/pages/programs.xhtml?program=act

#### BASIC DEMOGRAPHICS: POPULATION

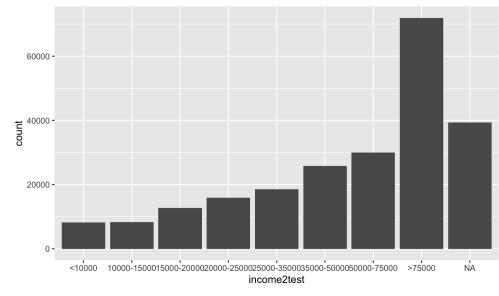
| Population<br>Analysis |         |        |            |             |          |
|------------------------|---------|--------|------------|-------------|----------|
| Race                   | White   | BLACK  | Other Race | Multiracial | Hispanic |
| Population             | 166,936 | 23,475 | 9,435      | 4,097       | 22,015   |

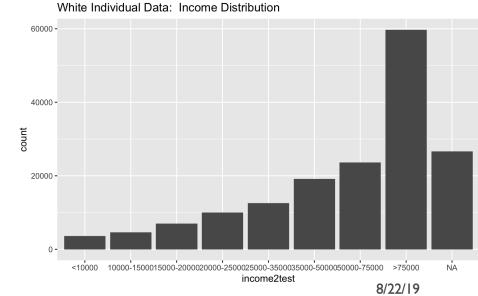
| <b>Stratified Analysis</b> | Race     | Population |
|----------------------------|----------|------------|
|                            | White    | 166,906    |
|                            | Black    | 23,354     |
|                            | Hispanic | 21,832     |

#### INDIVIDUAL INCOME DISTRIBUTION IN BRFSS SMART 2017

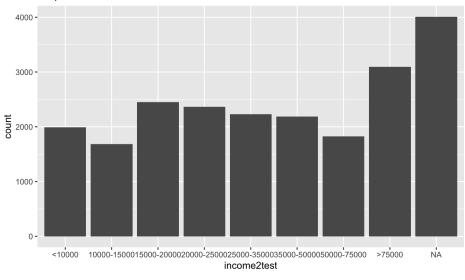


#### Whole Individual Data: Income Distribution





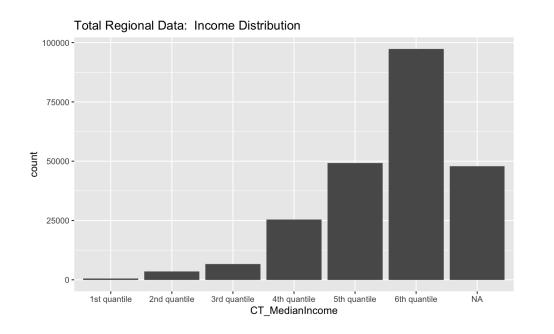
Hispanic Individual Data: Income Distribution



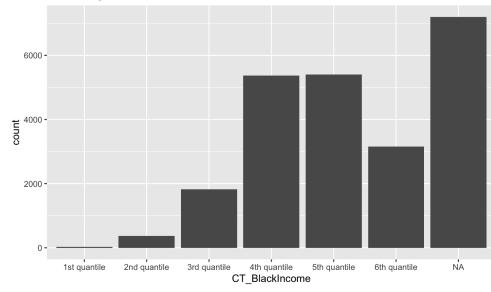
## REGIONAL INCOME DISTRIBUTION

Categories: 1<sup>st</sup> to 6<sup>th</sup> Quantiles

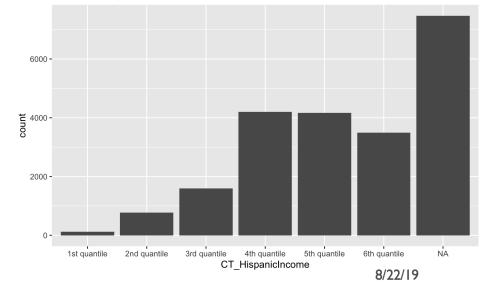
| 0%                | l 6.6666  | 7% 33.333 | 33% 50%   | 66.66667% | 83.33333% | 100%       |
|-------------------|-----------|-----------|-----------|-----------|-----------|------------|
| Total: 23558.00,  | 41115.67, | 45154.67, | 49052.00, | 52617.67, | 58209.33, | 110190.00, |
| White: 23966.00 , | 44729.67, | 48907.67, | 52535.50, | 56412.67, | 62749.50, | 117009.00, |
| Black: 6903.00,   | 23960.33, | 27948.67, | 31152.00, | 36033.00, | 45102.67, | 111696.00, |
| Hispanic: 9744,   | 31582,    | 36937,    | 41177,    | 45025,    | 50478,    | 123047     |



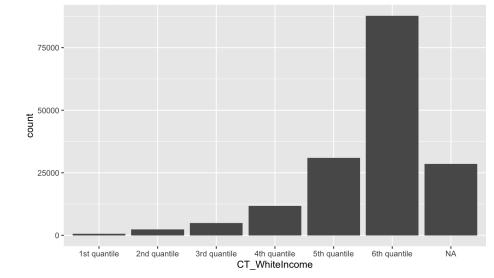
#### Black Regional Data: Income Distribution

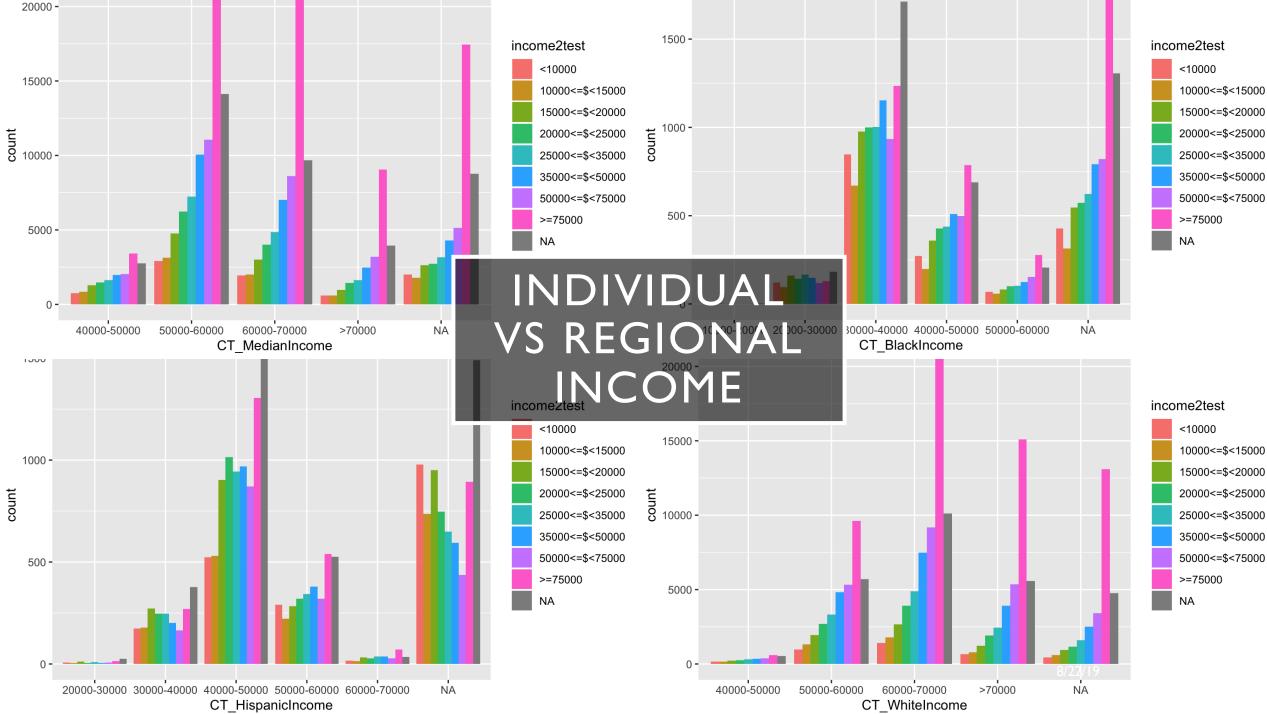


#### Hispanic Regional Data: Income Distribution



#### White Regional Data: Income Distribution





#### INDIVIDUAL EDUCATION VARS



Less than High School;



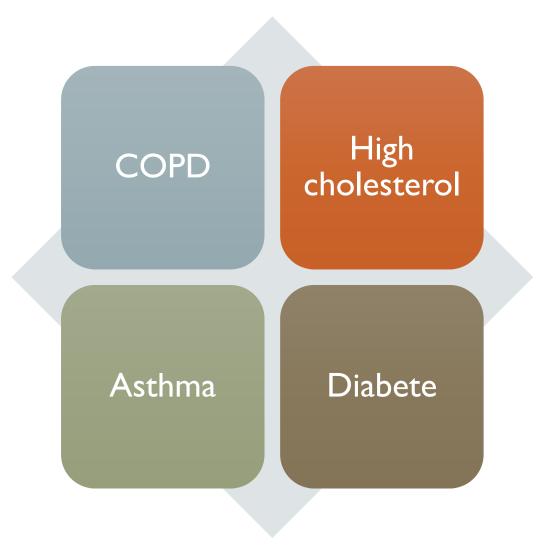




## REGIONAL EDUCATION VARS

Categories: I<sup>st</sup>-5<sup>th</sup> quantile

| Percentile:  | 0%        | 20%   | 40%   | 60%   | 80%   | 100% |
|--------------|-----------|-------|-------|-------|-------|------|
| PctHighschoc | ol: 16.4, | 23.4, | 25.6, | 27.2, | 29.4, | 39.5 |
| PctBachelor: | .4,       | 18.1, | 19.5, | 21.4, | 22.9, | 27.8 |



## 4 HEALTH OUTCOMES

## THREE TREATMENTS



### Full SES Model



Controlled for Individual **SES Vars** 



Controlled for Regional Vars

svyglm(HealthOutcomes)

~income2test+CT\_MedianIncome+CT\_age+x.educagtest+sexf+Current\_Asthma \_Status+x.racegr3f+CT\_PctCollege+CT\_PHSGrad+BMI,design=smart217dsgn)

svyglm(HealthOutcomes

~income2test+CT\_age+x.educagtest+sexf+Current\_Asthma\_Status+x.smoker3t est+BMI,design=Black217dsgn)

svyglm(HealthOutcomes

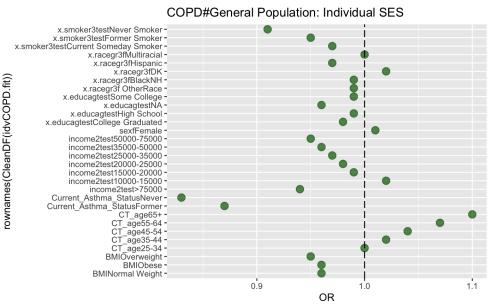
~CT\_HispanicIncome+CT\_x.michd+CT\_age+sexf+Current\_Asthma\_Status+CT \_rfcholI+CT\_diabetes+CT\_PctCollege+CT\_PHSGrad+x.smoker3test+BMI,desig n=Hispanic217dsgn)

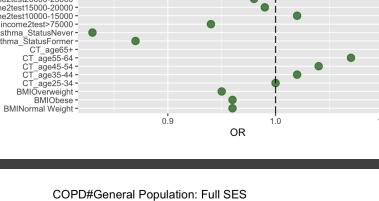


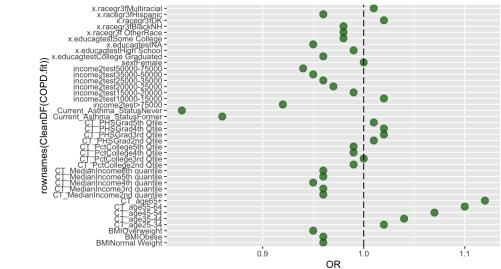
Three models: Full SES, individual SES, regional SES. If individual-level SES highly correlates with regional-level's, then coefficients of same SES Vars between Full vs idv model, or between Full vs regional, will varies a lot.



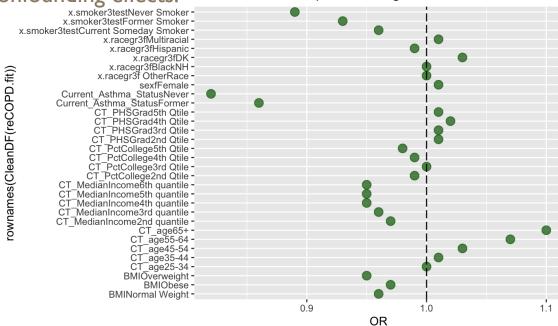
For different diseases, regional environment and individual life habits matter differently.

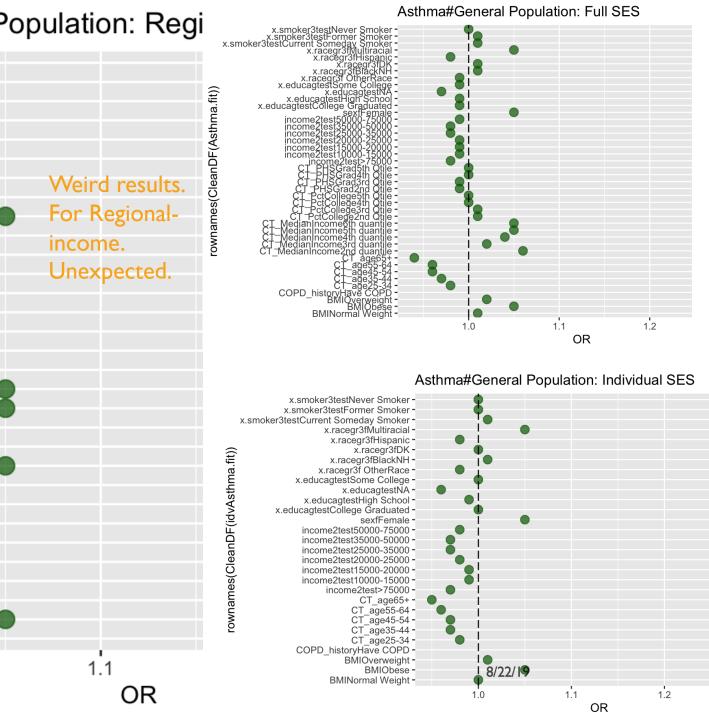






COPD for general Population: individual income impact more obvious effects. Regional income only matters from  $1^{st}$  to  $2^{nd}/3^{rd}$  quantile. In general, income's effects more obvious than education's. seems no confounding effects. COPD#General Population: Regional SES

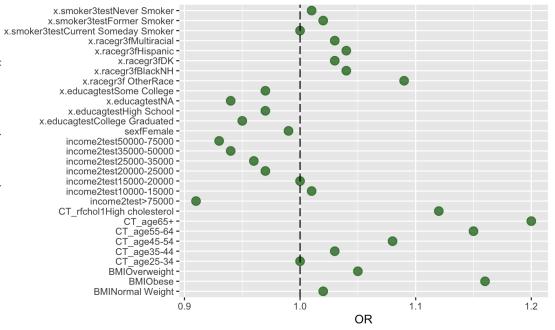


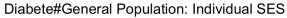


#### Asthma#General Population: Regi

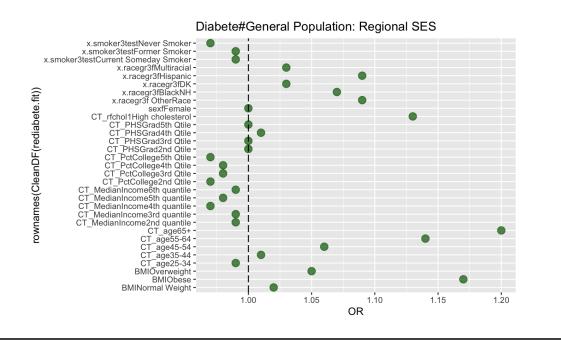
1.0

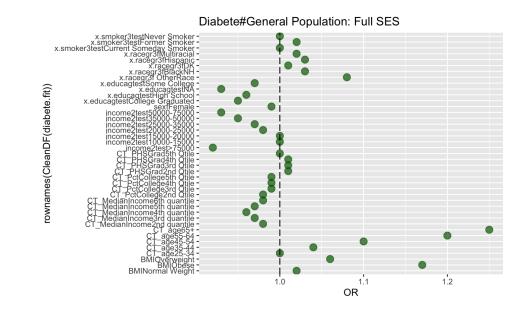
x.smoker3testNever Smoker x.smoker3testFormer Smoker moker3testCurrent Someday Smoker x.racegr3fMultiracial x.racegr3fHispanic x.racegr3fDK x.racegr3fBlackNH x.racegr3f OtherRace sexfFemale -CT PHSGrad5th Qtile -CT PHSGrad4th Qtile -CT PHSGrad3rd Qtile -CT PHSGrad2nd Qtile -CT\_PctCollege5th Qtile -CT\_PctCollege4th Qtile -CT\_PctCollege3rd Qtile -CT\_PctCollege2nd Qtile -CT MedianIncome6th quantile -CT\_MedianIncome5th quantile -CT MedianIncome4th quantile -CT MedianIncome3rd quantile -CT MedianIncome2nd quantile -CT age65+ -CT age55-64 -CT age45-54 -CT\_age35-44 -CT\_age25-34 -COPD\_historyHave COPD -BMIOverweight -BMIObese -BMINormal Weight -



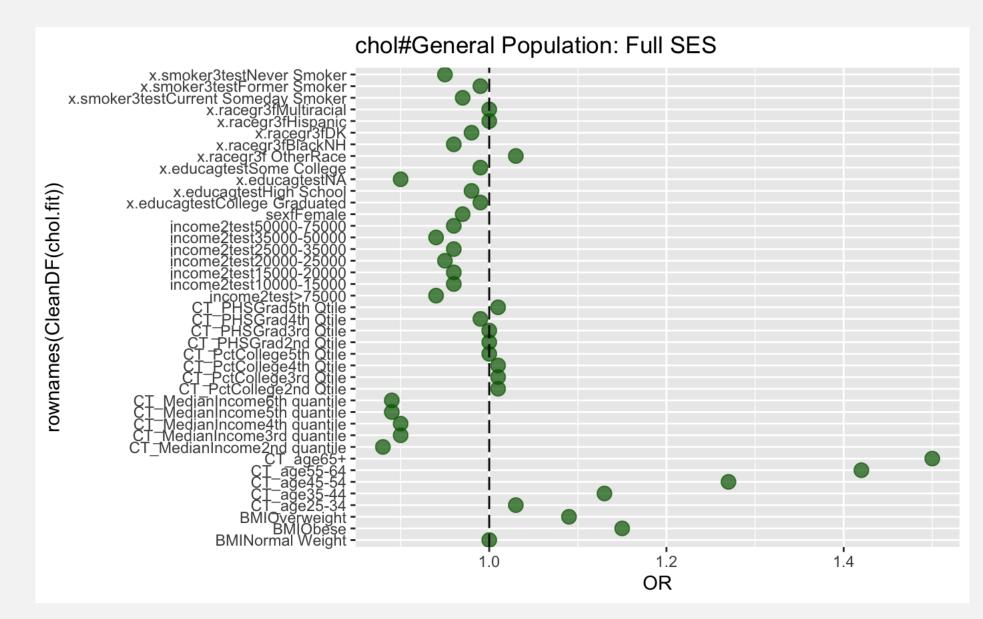








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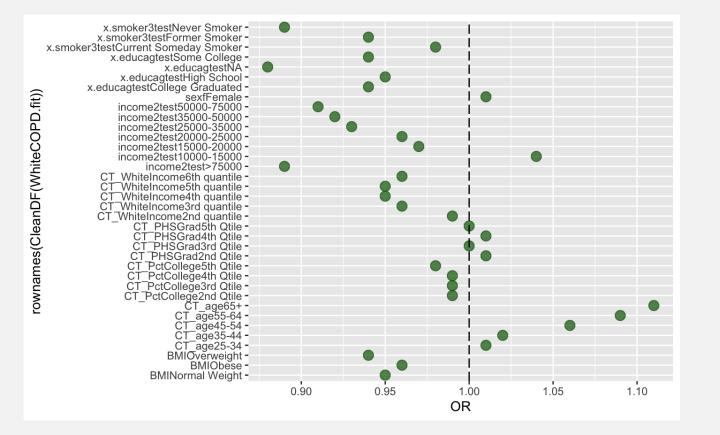


Regional Income more Obvious. Higherinc ome, more likely.

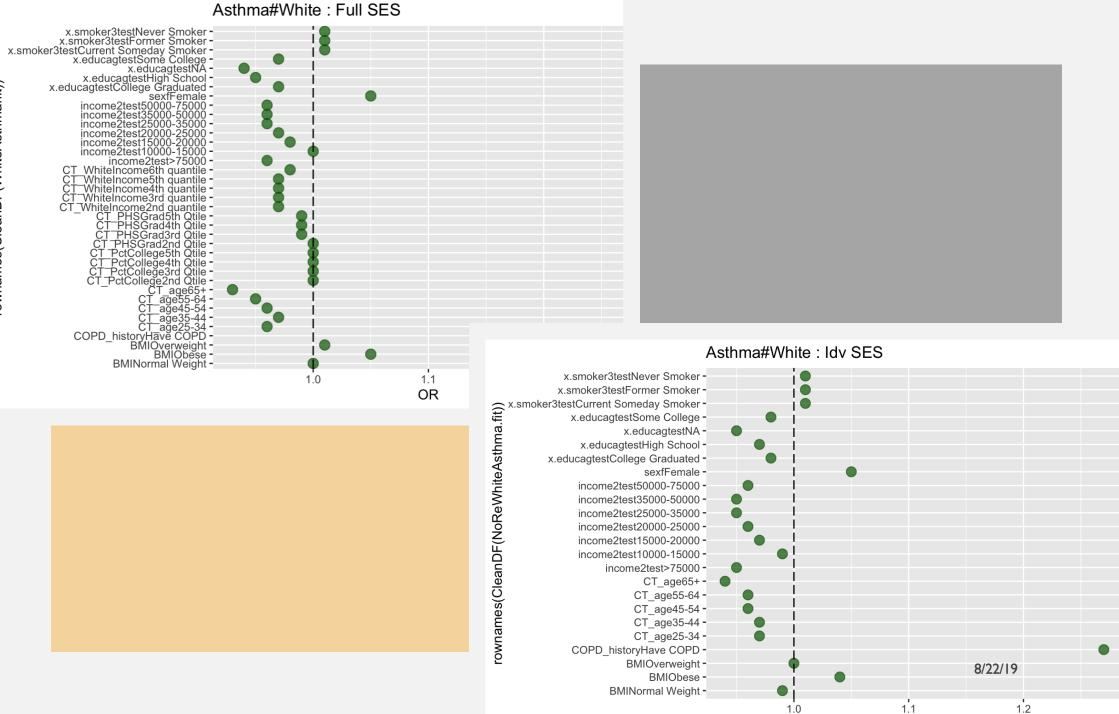
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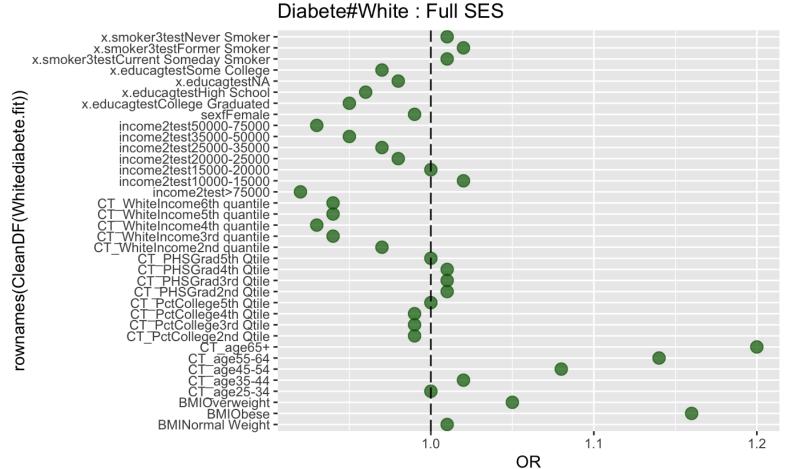
## WHITE POPULATI ON

- Dependent Vars: Health Outcomes
- Independent Vars: Income, educ levels
- Other Controls: Demographics, smoking



- COPD effect: A little more obvious than the general population
- OR range from 1 to .9



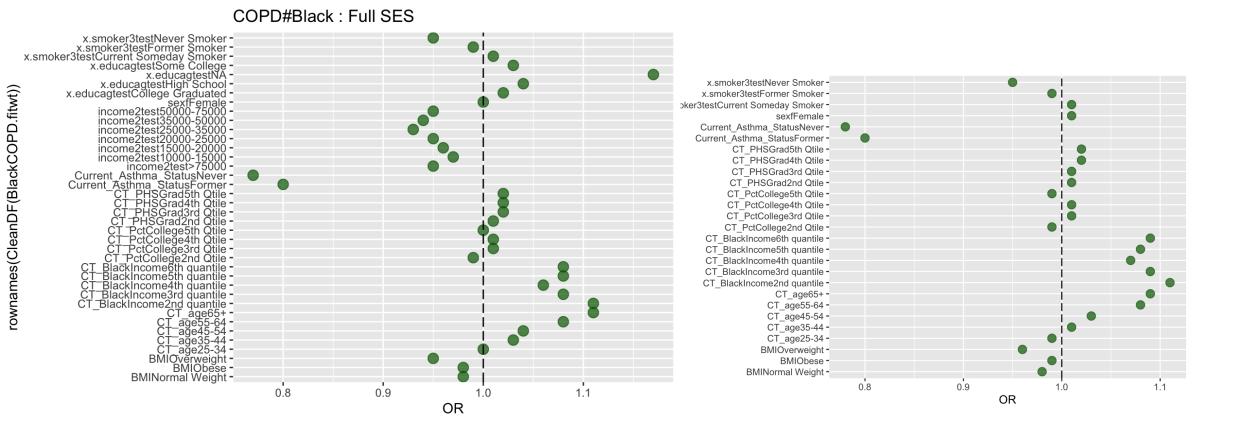


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#### Black Population Results

- Models:
- svyglm(Healthoutcomes)

~CT\_BlackIncome+CT\_age+sexf+Current\_Asthma\_Statu s+CT\_PctCollege+CT\_PHSGrad+x.smoker3test+BMI,des ign=Black217dsgn)

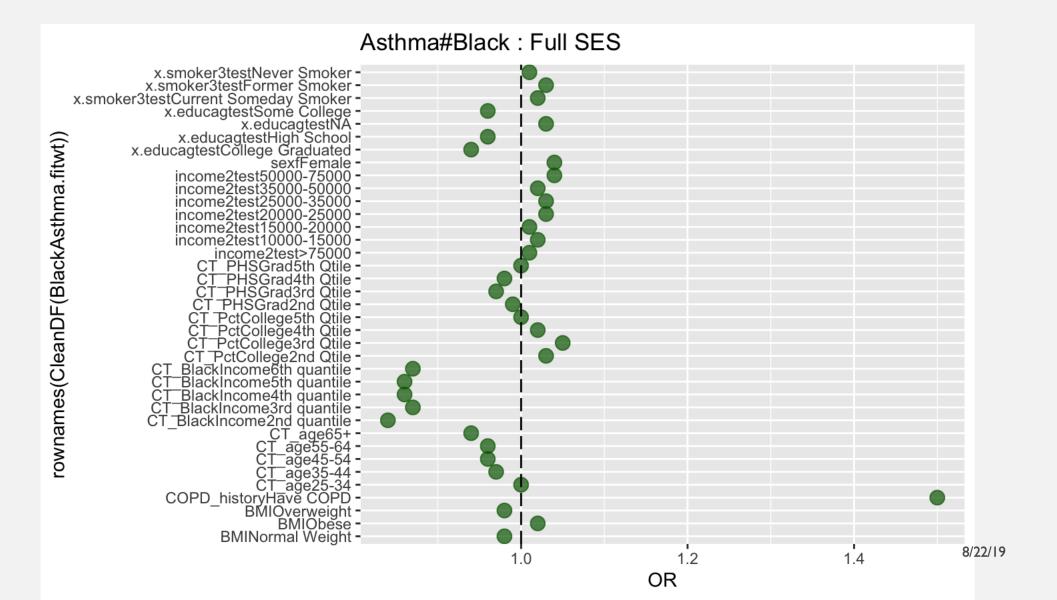


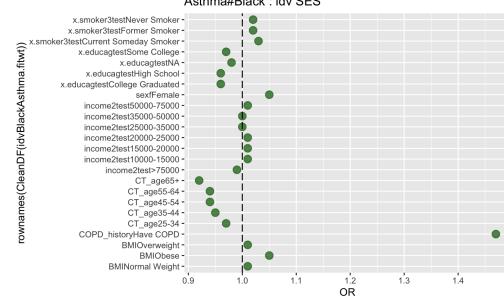
# WEIRD RESULTS FOR REGIONAL LEVEL VARS;

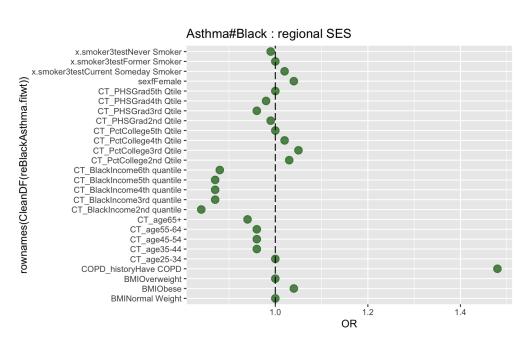
Income impacts not as obvious as that to White's population.

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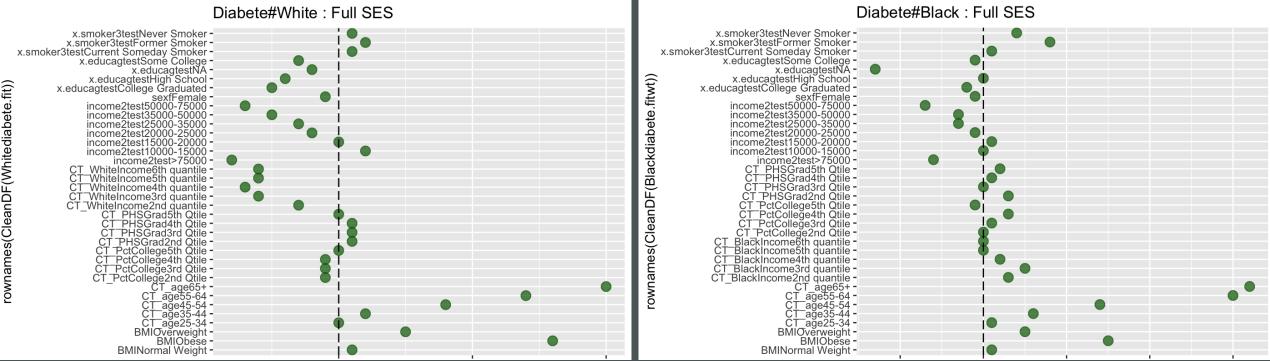
For Asthma: Only Regional Income Vars Matters







#### Asthma#Black : idv SES

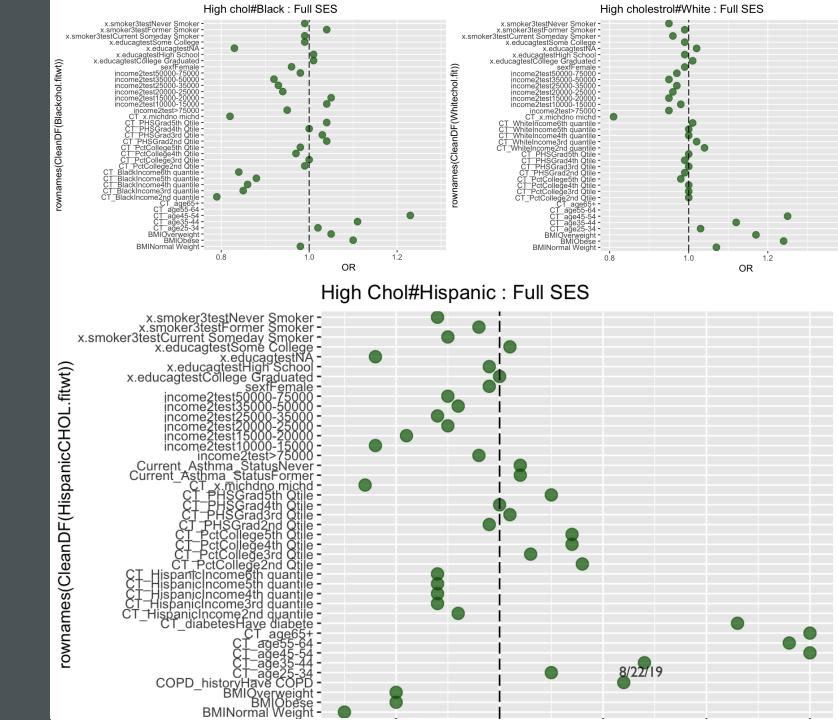


#### Diabetes: Compare Whites vs Black Population

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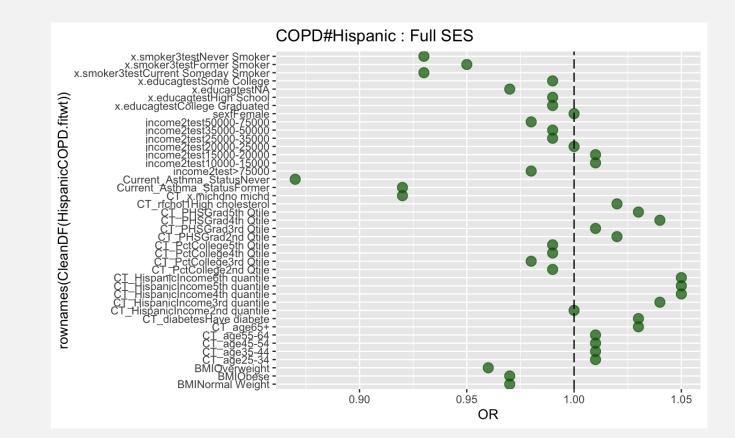
# HIGH CHOLESTR OL COMPARIS ON

More Income, more likely Effects on Whites not obvious

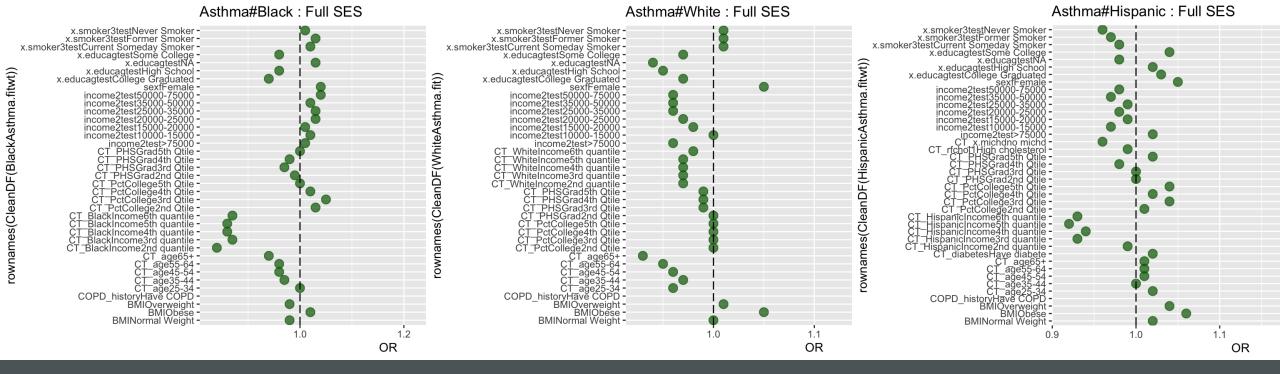


## RESULTS FOR HISPANIC

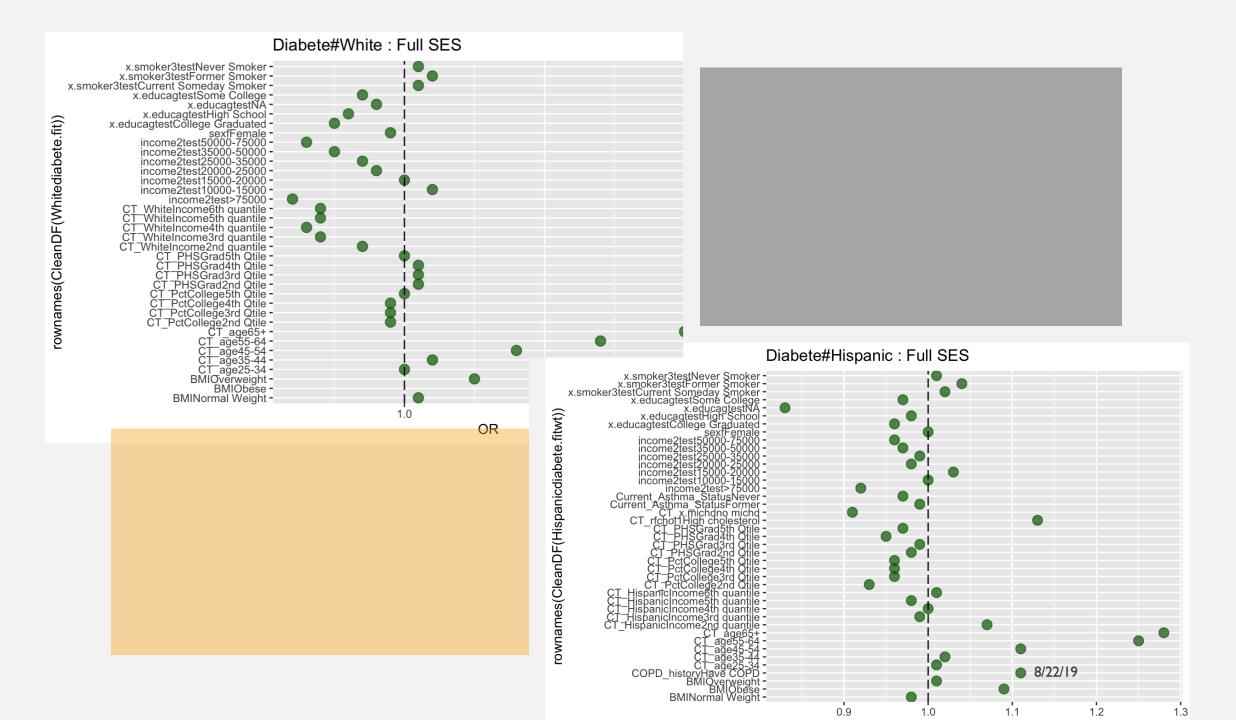
 COPD: Weird results for Regional Vars



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#### Asthma Comparing Black vs Hispanic vs White

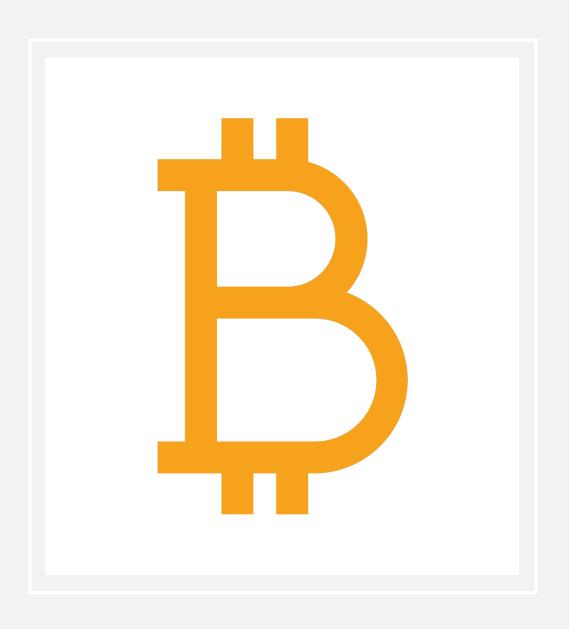


What Happens to some weird results on Regional Vars?

I. Should understand the data structure better

2. the way I quantile regional income data might have some problems: I<sup>st</sup> quantile almost no person.The reference group weird.

3. will OR=.95etc really matters?





- Sherrie
- Blanca